NHS 111 is designed to make it easier for you to access local NHS healthcare services in England. You can call **111** when you need medical help fast, but it's not a 999 emergency. **NHS 111** is a quick and easy way to get the right help, whatever the time.

NHS 111 is available **24 hours a day, 365 days a year**. Calls are free from **landlines** and **mobile phones**.

You should use the **NHS 111** service if you urgently need medical help or advice but it's not a life-threatening situation.

Call **111** if:

- **you need medical help fast but it's not a 999 emergency**
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- **you think you need to go to A&E or need another NHS urgent care service**
-
- **you don't know who to call or you don't have a GP to call**
-
- **you need health information or reassurance about what to do next**