

## Weekly activity Coming to The Beaumont Centre

Forever Cycling allows you to cycle on our floor pedals whilst we project a route from around the world onto the screen. Visit your favourite city or childhood holiday destination from the comfort of the Beaumont Centre

Tuesday 1:30pm Seated Cycling dates
21st March
4th April and 18th April
2nd May and 16th May

Free to attend

To book, please email multiply@communityalliancebeh.org.uk
The Beaumont Centre, 6 Rowlands Fields, Waltham Cross, EN8 9BG





