

**Are you forgetful?**

**Are you worried about memory loss?**

**Are you living with dementia  
or caring for a loved one who is?**



*Drop in for a chat, information, an assessment  
(for an onward referral) and support at the*



**CHESHUNT  
MEMORY HUB**

**FIND  
OUT  
MORE**

**Laura Trott Leisure Centre,  
Windmill Lane, Cheshunt EN8 9AJ**

**Last Friday of every month 10.30am-12noon**

**Parking onsite with good transport links**



**Memory Support  
Hertfordshire**

Local connection, information and advice for  
everyone affected by dementia and memory loss



**BOROUGH OF  
BROXBOURNE**  
www.broxbourne.gov.uk